



# April 2012 Activity Calendar

## Friendship Club

	MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
7:30AM	BREAKFAST			BREAKFAST			BREAKFAST			BREAKFAST			BREAKFAST		
9:15AM	News, Views & Exercise			News, Views & Exercise			News, Views & Exercise			News, Views & Gait & Balance Exercise			News, Views & Gait & Balance Exercise		
10:30AM	Trivia & Word Games	Arts & Crafts	Men's Group	Trivia & Word Game	Crafts Class	Men's Group Ladies Group & Asian group	Music Sing-along with Jan	Therapeutic Art Class	Men's Group	Trivia & Word Games	Art with Marsha	Men's Group Asian Group	Art Class	Trivia & Word Games	Men's Group & Pet Visits with Kathleen
11:40AM	LUNCH & Relaxation			LUNCH & Relaxation			LUNCH & Relaxation			LUNCH & Relaxation			LUNCH & Relaxation		
12:30 PM	BINGO	Comedy / Travel Special Feature		BINGO	Comedy / Travel Special Feature		BINGO	Comedy / Travel Special Feature		BINGO	Comedy / Travel Special Feature		BINGO	Comedy / Travel Special Feature	
1:30PM	Sing-along with Kathie	Spanish Group	Active Indoor Game	Music Sing-along	Active Games & Word Games	Let's Cook with Kathleen	Piano & Sing-Along	Pet Therapy With Zoe	Spanish Group	Sing-along	Dominos/ Active Games		Sing-along	Active Indoor Games	Let's Cook with Kathleen
2:00PM	SNACK			SNACK			SNACK			SNACK			SNACK		
2:45PM	SNACK			SNACK			SNACK			SNACK			SNACK		
3:30PM	SNACK			SNACK			SNACK			SNACK			SNACK		
4:30PM	Afternoon Movie	Table Games		Afternoon Movie	Table Games		Afternoon Movie	Table Games		Afternoon Movie	Table Games		Afternoon Movie	Table Games	
5:30PM	SNACK			SNACK			SNACK			SNACK			SNACK		

## New Connections Club

	MONDAY	WEDNESDAY
7:30AM	BREAKFAST	BREAKFAST
9:00 AM	Social Time Current Events w/discussion	Social Time Current Events w/discussion
9:30AM	Cognitive Skills Training Trivia & Word Games Art Therapy Active Games	Gait & Balance Exercises Cognitive Skills Training Trivia & Word Games Active Games
11:15AM	Group Outing Walk at Park/Beach Picnic Lunch or Lunch @ Center	Group Outing Walk at Park/Beach Picnic Lunch or Lunch @ Center
1:30PM	Physical & Occupational Maintenance Therapy	Physical & Occupational Maintenance Therapy
2:00PM	Challenging Games (e.g., Bingo, Cards, Dominoes, Scrabble, Brain Fitness, Wii Bowling)	Music Therapy with Izumi Puzzles & Board Games
3:30PM	Relaxation/Departure	

**Dakim Brain Fitness** is an interactive, touch-screen computer that enables participants to have fun while exercising their minds. **Brain Fitness** is available Monday through Friday, 9:00 – 11:30 a.m. and 1:00 – 2:30 p.m. The new Adult Day Program will start on Monday April 2<sup>nd</sup>. Adult Day Program and ADHC will participate in joint activities.

### Special Events in April

- 6. Easter Bonnet Parade 10:30am
- 17. Music with Inge 1:30 pm
- 20. Singing Goodtimer's perform 1:30 pm