

# caregiver counseling



*Counseling Services Offered in English and Spanish*

**Are you feeling overwhelmed caring for a loved one with dementia?**

**Do you need extra guidance and support?**

**Feeling unsure what to do next?**

*We can help...*

Alzheimer's Family Services Center offers brief, solution-focused counseling provided by expert social workers for individuals, couples, and families.



- ♥ Up to 12 counseling sessions
- ♥ Affordable fees based on a sliding scale
- ♥ Professional referrals to caregivers who may need extended, in-depth support

**To learn more about *Caregiver Counseling Services* or to schedule an appointment, please call our Care Manager**

**714-593-1844**



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*Affiliated with the Hoag Neurosciences Institute*