



caregiver support groups

Offered in affiliation with  **alzheimer's association**

If you are caring for a loved one with memory loss or dementia, you may benefit from a support group. Providing care for a loved one can be overwhelming, often leading to isolation and depression. A support group will provide you with an opportunity to:

- ♥ Share experiences and feelings
- ♥ Receive encouragement from others
- ♥ Problem-solve difficult situations
- ♥ Learn about dementia and similar conditions

Alzheimer's Family Services Center Support Groups

Alzheimer's Family Services Center
9451 Indianapolis Avenue
Huntington Beach
2nd & 4th Wednesdays, 6-7:30 p.m.

Harbor Trinity Church
1230 Baker (Fairview & Baker)
Costa Mesa
1st & 3rd Thursdays, 1-3 p.m.

The Center at Founders Village
Fountain Valley Senior Center
17967 Bushard St. (Bushard & Talbert)
Fountain Valley
2nd and 4th Thursdays, 1-3 p.m.

Huntington Landmark Active-Adult Community
20880 Oakridge Circle (Enter on Atlanta Avenue)
Huntington Beach
1st & 3rd Fridays, 1-2:30 p.m.



For more information please call (714) 593-9630



9451 Indianapolis Ave., Huntington Beach, CA 92646
(714) 593-9630 • (714) 593-9632 fax • www.AFSCenter.org
Affiliated with the Hoag Neurosciences Institute